

Kaiser Permanente care is now at a Target near you



CARE YOU TRUST AT A PLACE YOU LOVE

Kaiser Permanente is proud to announce we're teaming up with Target to bring you convenient, high-quality care provided by Kaiser Permanente professional staff.

Have even more access to personalized care – days, evenings, and weekends. No appointment is necessary.

Over 85 services for you and your family, including:

Minor Illnesses

Allergies (seasonal)
Asthma
Flu-like symptoms
Pink eye
Sore throat/strep throat/laryngitis

Minor Injuries

Bruise/minor abrasion
Insect bite/sting
Minor sports injuries
Wound check

Chronic Conditions

Asthma
Depression screening
High blood pressure
Hyperlipidemia
Type 2 diabetes

Pediatrics & Teens

Autism screening
Hearing testing
Lactation support
Vision screening
Well-baby, child, and teen exam

Vaccinations

Chicken pox
Flu vaccine
FluMist® needle-free flu vaccine
Hepatitis A (Hep A), B (Hep B), and A/B (Twinrix)
Measles/mumps/rubella/varicella
Meningitis
Polio
Tetanus/diphtheria (Td)
Tetanus/diphtheria/pertussis (Tdap)

Gynecology

Birth control/emergency contraception
Bladder infection
Gynecological/STD infections
Pregnancy testing and options counseling
Well-woman exam

Physician Telemedicine Consultations

Dermatology
Family medicine (adult and pediatrics)

Wellness Services

Blood pressure check
Camp/sport/school physical
Cholesterol screening
Diabetes screening
EpiPen refill prescriptions
Health screening
Hearing testing
Lifestyle coaching – stop smoking, weight loss
Travel health check
Tuberculosis (TB) testing
Vision screening

Skin Treatments

Acne
Chicken pox
Cold & canker sores
Eczema/dry skin
Lice
Poison ivy/poison oak
Rash/hives

Some exceptions may apply to services available. Certain conditions or treatment may require additional clinic visits, tests or charges. Please ask our clinical staff for more details. Vaccinations may require a series of doses and are subject to availability. Not all services may be covered under the patient's health care service plan or insurance. Dermatology consultations, if authorized under the patient's plan, are by referral only.

No emergency services are available at this location. If you reasonably believe you have an emergency medical condition, which is a medical or psychiatric condition that requires immediate medical attention to prevent serious jeopardy to your health, call **911** or go to the nearest emergency department. For the complete definition of an emergency medical condition, please refer to your *Evidence of Coverage or Certificate of Insurance*.

Kaiser Permanente members: Your regular office visit copayment, deductible or coinsurance applies. Only new prescriptions as a result of your visit at Target Clinic can be filled at Target Pharmacy. Refills must be obtained from a Kaiser Permanente pharmacy.

Learn more at kp.org/scal/targetclinic.

CLINIC LOCATIONS

Fontana North Target
15272 Summit Avenue
Fontana, CA 92336
Mon-Fri, 9 a.m. to 7 p.m.
Sat & Sun, 11 a.m. to 4 p.m.

San Diego Mission Valley Target
1288 Camino Del Rio N.
San Diego, CA 92108
Mon-Fri, 9 a.m. to 7 p.m.
Sat & Sun, 11 a.m. to 4 p.m.

Vista Target
1751 University Drive
Vista, CA 92083
Mon-Fri, 9 a.m. to 7 p.m.
Sat & Sun, 11 a.m. to 4 p.m.

West Fullerton Target
1893 W. Malvern Avenue
Fullerton, CA 92833
Mon-Fri, 9 a.m. to 7 p.m.
Sat & Sun, 11 a.m. to 4 p.m.

Member and Consumer Q&A

KAISER PERMANENTE & TARGET RETAIL CLINIC COLLABORATION

BACKGROUND

Kaiser Permanente and Target are teaming up to help keep you healthy. Kaiser Permanente will provide medical care in health clinics at four Southern California Target store locations. Kaiser Permanente will run the clinics in space owned by Target and bring trusted and convenient care to all patients, whether or not they are Kaiser Permanente members. The health clinics will open in Vista, San Diego, and Fontana on November 15, 2014, and West Fullerton on December 6, 2014.

Below are answers to anticipated questions about this new collaboration.

QUESTION & ANSWER

Q. What is the collaboration between Target and Kaiser Permanente in Southern California?

Kaiser Permanente will be offering its quality health care in the convenient setting of Target stores. Care will be provided by Kaiser Permanente clinicians and staff. Target is the facility owner and business office manager.

Q. How are the Target clinics staffed?

Kaiser Permanente professional staff will provide care to patients inside the Target stores.

- You will receive care in the clinics from certified family nurse practitioners and licensed vocational nurses.
- Telemedicine consultations will also be available within the clinics, where patients can participate in private video sessions with Kaiser Permanente doctors and other health care professionals located outside of the Target Clinic.

Q. What types of services are available at the Target Clinics?

- Patients will have access to a wide range of health care services including traditional retail clinic services and an expanded array of primary health care services.
 - Traditional retail clinic services include: vaccinations and treatments for minor illnesses
 - Expanded health services include: pediatric and teen care, well-woman care, and basic chronic condition management
- There are over 85 health care services available. Some of these include:
 - Minor illnesses: Flu-like symptoms and seasonal allergies
 - Vaccinations: Flu, chicken pox, tetanus/diphtheria
 - Skin conditions: Acne, eczema, and rashes
 - Wellness: Vision screening, hearing testing, and lifestyle coaching sessions (lose weight and quit smoking)

- Chronic conditions: Management of Type 2 Diabetes, controlled high blood pressure, hyperlipidemia (high lipid levels), hypothyroidism (underactive thyroid), asthma, and depression screening
- Women’s health: Well-woman’s exam, birth control, pre-pregnancy counseling
- Pediatric and teen care: Well-baby exam, well-child exam, well-teen exam, and breastfeeding support
- Lab: lab tests with immediate results such as glucose and cholesterol testing

Q. When do the Target Clinics open and where are they located?

- Three Target Clinics will open on **November 15, 2014** and are located at:
 - North Fontana – 15272 Summit Avenue, Fontana, CA 92336
 - Mission Valley in San Diego – 1288 Camino del Rio N, San Diego, CA 92108
 - Vista – 1751 University Drive, Vista, CA 92083
- A fourth location will open on **December 6, 2014** and is located at:
 - West Fullerton – 1893 W. Malvern Avenue, Fullerton, CA 92833

Q. What are the hours of operation at the Target Clinics?

- The clinics will be open **7 days a week for walk-in care**, including week nights and weekends. Standard hours of service are:
 - Weekdays (Mon–Fri): 9 a.m. to 7 p.m.
 - Weekends (Sat & Sun): 11 a.m. to 4 p.m.

Q. Who can get care at the Target Clinics?

- Anyone can get care at the Target Clinics. Options include using Kaiser Permanente health coverage, using other select health care or insurance plans, and paying for services out of pocket.

Q. What types of insurance will the clinics accept? How much do services cost?

- Target Clinics accept several health care service or insurance plans including all Kaiser Permanente plans. If you are a Kaiser Permanente member, your regular plan copays and benefits apply.
- Patients are encouraged to call their insurance provider to see if their plan covers services offered at Target Clinic. Cost will depend on the patient’s specific insurance plan. Patients can choose to pay out of pocket if their insurance provider does not cover services at Target Clinics.
- Patients without health care insurance can choose to pay out of pocket for Target clinic services. The cost for services is available on target.com/clinic, so that patients can check costs before getting treatment. The out of pocket cost for a common office visit is \$75 and a standard flu vaccine is \$25.

Q. Can I fill my prescriptions at Target?

- For Kaiser Permanente members, if a prescription is written during your Target Clinic visit, you can choose to obtain a single-fill right at the Target pharmacy next door to the clinic only; refills must be done by mail order through Kaiser Permanente or at Kaiser Permanente pharmacies.
- Target pharmacies outside of the Mission Valley, Fontana, Fullerton, and Vista stores are not covered pharmacies for Kaiser Permanente members.

- For patients who are not Kaiser Permanente members, please contact your insurance provider to determine which pharmacies are included in your insurer's pharmacy network. If Target pharmacies are a part of your pharmacy network, you can fill your prescriptions at a participating Target pharmacy.

Q. What will the Target Clinics look like?

- These new clinics are located inside the Target store next to the pharmacy and feature a waiting room and two exam rooms. You will be welcomed by professional, friendly staff, and will register in the modern and bright waiting room. Your visit will be conducted in one of the two private and comfortable exam rooms.

Q. How many patients can the Target Clinics see on an average day?

- Target Clinics expect to see 25–40 patients a day in each location.

Q. Will these Target Clinics provide any services in Spanish?

- Yes, patients can register in English or Spanish. Language assistance and interpretation services are also available at all clinics.

Q. How will I get key personal health information about my visit?

- At the end of the visit, you will get an after-visit summary with key health information.
- Kaiser Permanente members can also see most lab results on My Health Manager. Immunization information will also be available on My Health Manager, although minor delays may be experienced.

For more information, please visit your nearby Target Clinic, care provided by Kaiser Permanente, or refer to kp.org/scal/targetclinic.

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